

## **Lunar Harmony: Empowerment Under the Full Moon**

Join us for a special 60-minute gathering on the night of the full moon. We'll begin with a discussion about the astrological significance of the full moon and how its energies influence the collective. Following this, experience a guided meditation accompanied by live drumming, designed to help women tap into and harness these powerful lunar energies for personal empowerment.

### **Benefits:**

- Attune with the intuitive and emotional side
- Self-Reflection
- Community and Support

The full moon brings a surge of energy, making it an ideal time to release emotional blockages and express gratitude. This ceremony is thoughtfully designed to help us deepen our spiritual journeys together.

In feminine spiritual traditions, the Moon serves as a guiding light, reminding us of our inherent wisdom and our connection to the rhythms of nature. Its luminous presence inspires self-discovery and personal empowerment.